

St. Francis Xavier Sports centre spreadsheet for U4 U5 program Sunday mornings

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|------------------------------------|---------------|------------|---------|----------|-----|
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 10/20/2024 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 10/27/2024 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 11/03/2024 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 11/10/2024 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 11/17/2024 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 11/24/2024 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 12/01/2024 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 12/08/2024 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 12/15/2024 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 12/22/2024 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 12/29/2024 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 1/05/2025 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 1/12/2025 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 1/19/2025 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 1/26/2025 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 2/02/2025 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 2/09/2025 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 2/16/2025 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 2/23/2025 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 3/02/2025 | 9:00 AM | 12:00 PM | Sun |
| St Francis Xavier Sports Centre | SFXSC- Gym 2 | 3/09/2025 | 9:00 AM | 12:00 PM | Sun |
| Sunday 9 am - 12 noon Gym 2 | U4/U5 program | | | | |

FINAL SCHEDULE

| Date | Start Time | End Time | Gym Section | Team #1 | | Team #2 |
|------------|------------|----------|-------------|-----------------------|----|-----------------------|
| 10/20/2024 | 9:00 AM | 9:45 AM | A/B | U4 EMSA West (Orange) | vs | U4 EMSA West (Yellow) |
| | | | C/D | U4 EMSA West (Red) | vs | U5 EMSA West (Blue) |
| | | | | | | |
| | 10:00 AM | 10:45 AM | A/B | U5 EMSA West (Grey) | vs | U5 EMSA West (Purple) |
| | | | C/D | U5 EMSA West (Maroon) | vs | U5 EMSA West (Lime) |

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|------------|----------|----------|-----|-----------------------|----|---------------------|
| 10/27/2024 | 9:00 AM | 9:45 AM | A/B | U4 EMSA West (Yellow) | vs | U4 EMSA West (Red) |
| | | | C/D | U4 EMSA West (Orange) | vs | U5 EMSA West (Grey) |
| | | | | | | |
| | 10:00 AM | 10:45 AM | A/B | U5 EMSA West (Purple) | vs | U5 EMSA West (Lime) |
| | | | C/D | U5 EMSA West (Maroon) | vs | U5 EMSA West (Blue) |

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|------------|----------|----------|-----|-----------------------|----|-----------------------|
| 11/03/2024 | 9:00 AM | 9:45 AM | A/B | U4 EMSA West (Red) | vs | U4 EMSA West (Orange) |
| | | | C/D | U4 EMSA West (Yellow) | vs | U5 EMSA West (Purple) |
| | | | | | | |
| | 10:00 AM | 10:45 AM | A/B | U5 EMSA West (Maroon) | vs | U5 EMSA West (Grey) |
| | | | C/D | U5 EMSA West (Blue) | vs | U5 EMSA West (Lime) |

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|------------|----------|----------|-----|-----------------------|----|-----------------------|
| 11/10/2024 | 9:00 AM | 9:45 AM | A/B | U4 EMSA West (Orange) | vs | U4 EMSA West (Yellow) |
| | | | C/D | U4 EMSA West (Red) | vs | U5 EMSA West (Maroon) |
| | | | | | | |
| | 10:00 AM | 10:45 AM | A/B | U5 EMSA West (Purple) | vs | U5 EMSA West (Blue) |
| | | | C/D | U5 EMSA West (Grey) | vs | U5 EMSA West (Lime) |

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|------------|----------|----------|-----|-----------------------|----|-----------------------|
| 11/17/2024 | 9:00 AM | 9:45 AM | A/B | U4 EMSA West (Yellow) | vs | U4 EMSA West (Red) |
| | | | C/D | U4 EMSA West (Orange) | vs | U5 EMSA West (Lime) |
| | | | | | | |
| | 10:00 AM | 10:45 AM | A/B | U5 EMSA West (Blue) | vs | U5 EMSA West (Grey) |
| | | | C/D | U5 EMSA West (Purple) | vs | U5 EMSA West (Maroon) |

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|------------|----------|----------|-----|-----------------------|----|-----------------------|
| 11/24/2024 | 9:00 AM | 9:45 AM | A/B | U4 EMSA West (Red) | vs | U4 EMSA West (Orange) |
| | | | C/D | U4 EMSA West (Yellow) | vs | U5 EMSA West (Blue) |
| | | | | | | |
| | 10:00 AM | 10:45 AM | A/B | U5 EMSA West (Grey) | vs | U5 EMSA West (Purple) |
| | | | C/D | U5 EMSA West (Maroon) | vs | U5 EMSA West (Lime) |

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|------------|----------|----------|-----|-----------------------|----|-----------------------|
| 12/01/2024 | 9:00 AM | 9:45 AM | A/B | U4 EMSA West (Orange) | vs | U4 EMSA West (Yellow) |
| | | | C/D | U4 EMSA West (Red) | vs | U5 EMSA West (Grey) |
| | | | | | | |
| | 10:00 AM | 10:45 AM | A/B | U5 EMSA West (Purple) | vs | U5 EMSA West (Lime) |
| | | | C/D | U5 EMSA West (Maroon) | vs | U5 EMSA West (Blue) |

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|------------|----------|----------|-----|-----------------------|----|-----------------------|
| 12/08/2024 | 9:00 AM | 9:45 AM | A/B | U4 EMSA West (Yellow) | vs | U4 EMSA West (Red) |
| | | | C/D | U4 EMSA West (Orange) | vs | U5 EMSA West (Purple) |
| | | | | | | |
| | 10:00 AM | 10:45 AM | A/B | U5 EMSA West (Maroon) | vs | U5 EMSA West (Grey) |
| | | | C/D | U5 EMSA West (Blue) | vs | U5 EMSA West (Lime) |

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|------------|----------|----------|-----|-----------------------|----|-----------------------|
| 12/15/2024 | 9:00 AM | 9:45 AM | A/B | U4 EMSA West (Red) | vs | U4 EMSA West (Orange) |
| | | | C/D | U4 EMSA West (Yellow) | vs | U5 EMSA West (Maroon) |
| | | | | | | |
| | 10:00 AM | 10:45 AM | A/B | U5 EMSA West (Purple) | vs | U5 EMSA West (Blue) |
| | | | C/D | U5 EMSA West (Grey) | vs | U5 EMSA West (Lime) |

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|-----------|----------|----------|-----|-----------------------|----|-----------------------|
| 1/05/2025 | 9:00 AM | 9:45 AM | A/B | U4 EMSA West (Orange) | vs | U4 EMSA West (Yellow) |
| | | | C/D | U4 EMSA West (Red) | vs | U5 EMSA West (Lime) |
| | | | | | | |
| | 10:00 AM | 10:45 AM | A/B | U5 EMSA West (Blue) | vs | U5 EMSA West (Grey) |
| | | | C/D | U5 EMSA West (Purple) | vs | U5 EMSA West (Maroon) |

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|-----------|----------|----------|-----|-----------------------|----|-----------------------|
| 1/12/2025 | 9:00 AM | 9:45 AM | A/B | U4 EMSA West (Yellow) | vs | U4 EMSA West (Red) |
| | | | C/D | U4 EMSA West (Orange) | vs | U5 EMSA West (Blue) |
| | | | | | | |
| | 10:00 AM | 10:45 AM | A/B | U5 EMSA West (Grey) | vs | U5 EMSA West (Purple) |
| | | | C/D | U5 EMSA West (Maroon) | vs | U5 EMSA West (Lime) |

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|-----------|----------|----------|-----|-----------------------|----|-----------------------|
| 1/19/2025 | 9:00 AM | 9:45 AM | A/B | U4 EMSA West (Red) | vs | U4 EMSA West (Orange) |
| | | | C/D | U4 EMSA West (Yellow) | vs | U5 EMSA West (Grey) |
| | | | | | | |
| | 10:00 AM | 10:45 AM | A/B | U5 EMSA West (Purple) | vs | U5 EMSA West (Lime) |
| | | | C/D | U5 EMSA West (Maroon) | vs | U5 EMSA West (Blue) |

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|-----------|----------|----------|-----|-----------------------|----|-----------------------|
| 1/26/2025 | 9:00 AM | 9:45 AM | A/B | U4 EMSA West (Orange) | vs | U4 EMSA West (Yellow) |
| | | | C/D | U4 EMSA West (Red) | vs | U5 EMSA West (Purple) |
| | | | | | | |
| | 10:00 AM | 10:45 AM | A/B | U5 EMSA West (Maroon) | vs | U5 EMSA West (Grey) |
| | | | C/D | U5 EMSA West (Blue) | vs | U5 EMSA West (Lime) |

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|-----------|----------|----------|-----|-----------------------|----|-----------------------|
| 2/02/2025 | 9:00 AM | 9:45 AM | A/B | U4 EMSA West (Yellow) | vs | U4 EMSA West (Red) |
| | | | C/D | U4 EMSA West (Orange) | vs | U5 EMSA West (Maroon) |
| | | | | | | |
| | 10:00 AM | 10:45 AM | A/B | U5 EMSA West (Purple) | vs | U5 EMSA West (Blue) |
| | | | C/D | U5 EMSA West (Grey) | vs | U5 EMSA West (Lime) |

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|-----------|----------|----------|-----|-----------------------|----|-----------------------|
| 2/09/2025 | 9:00 AM | 9:45 AM | A/B | U4 EMSA West (Orange) | vs | U4 EMSA West (Yellow) |
| | | | C/D | U4 EMSA West (Red) | vs | U5 EMSA West (Lime) |
| | | | | | | |
| | 10:00 AM | 10:45 AM | A/B | U5 EMSA West (Blue) | vs | U5 EMSA West (Grey) |
| | | | C/D | U5 EMSA West (Purple) | vs | U5 EMSA West (Maroon) |

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|-----------|----------|----------|-----|-----------------------|----|-----------------------|
| 2/16/2025 | 9:00 AM | 9:45 AM | A/B | U4 EMSA West (Yellow) | vs | U4 EMSA West (Red) |
| | | | C/D | U4 EMSA West (Orange) | vs | U5 EMSA West (Blue) |
| | | | | | | |
| | 10:00 AM | 10:45 AM | A/B | U5 EMSA West (Grey) | vs | U5 EMSA West (Purple) |
| | | | C/D | U5 EMSA West (Maroon) | vs | U5 EMSA West (Lime) |

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|-----------|----------|----------|-----|-----------------------|----|-----------------------|
| 2/23/2025 | 9:00 AM | 9:45 AM | A/B | U4 EMSA West (Red) | vs | U4 EMSA West (Orange) |
| | | | C/D | U4 EMSA West (Yellow) | vs | U5 EMSA West (Grey) |
| | | | | | | |
| | 10:00 AM | 10:45 AM | A/B | U5 EMSA West (Purple) | vs | U5 EMSA West (Lime) |
| | | | C/D | U5 EMSA West (Maroon) | vs | U5 EMSA West (Blue) |